

The Counseling Programs at Saint Joseph College offer you the knowledge and skills necessary to provide quality mental health services, a strong curriculum, and on-site practice preparing you to enter the job market with confidence.



"This program has provided me with all the building blocks I need, not only to be successful in my career as a school counselor but more so, to make a positive, meaningful impact on the lives of others. I feel inspired, confident in my skills, and empowered to help my students."

- Leah Cunningham, M'10

www.sjc.edu/graduate



- *Ideal for working professionals*
- *Small classes, personal attention*
- *Weeknight classes after work*
- *High SJC academic standards*



SAINT JOSEPH COLLEGE

Saint Joseph College is a comprehensive institution with career-focused undergraduate, graduate, and certificate programs. At SJC, students explore and expand their potential through personal attention in a welcoming community that offers academically challenging programs to individuals who want to succeed and make a difference in society. The College is devoted to empowering women, while also inspiring both women and men to service in the global community. Founded by the Sisters of Mercy, the College offers an education steeped in the

Catholic intellectual tradition and the Mercy social values. SJC is situated on a beautiful suburban campus, mid-way between New York City and Boston, while providing easy access to culture, government, and sports venues in the capital city of Hartford.

DIRECTIONS

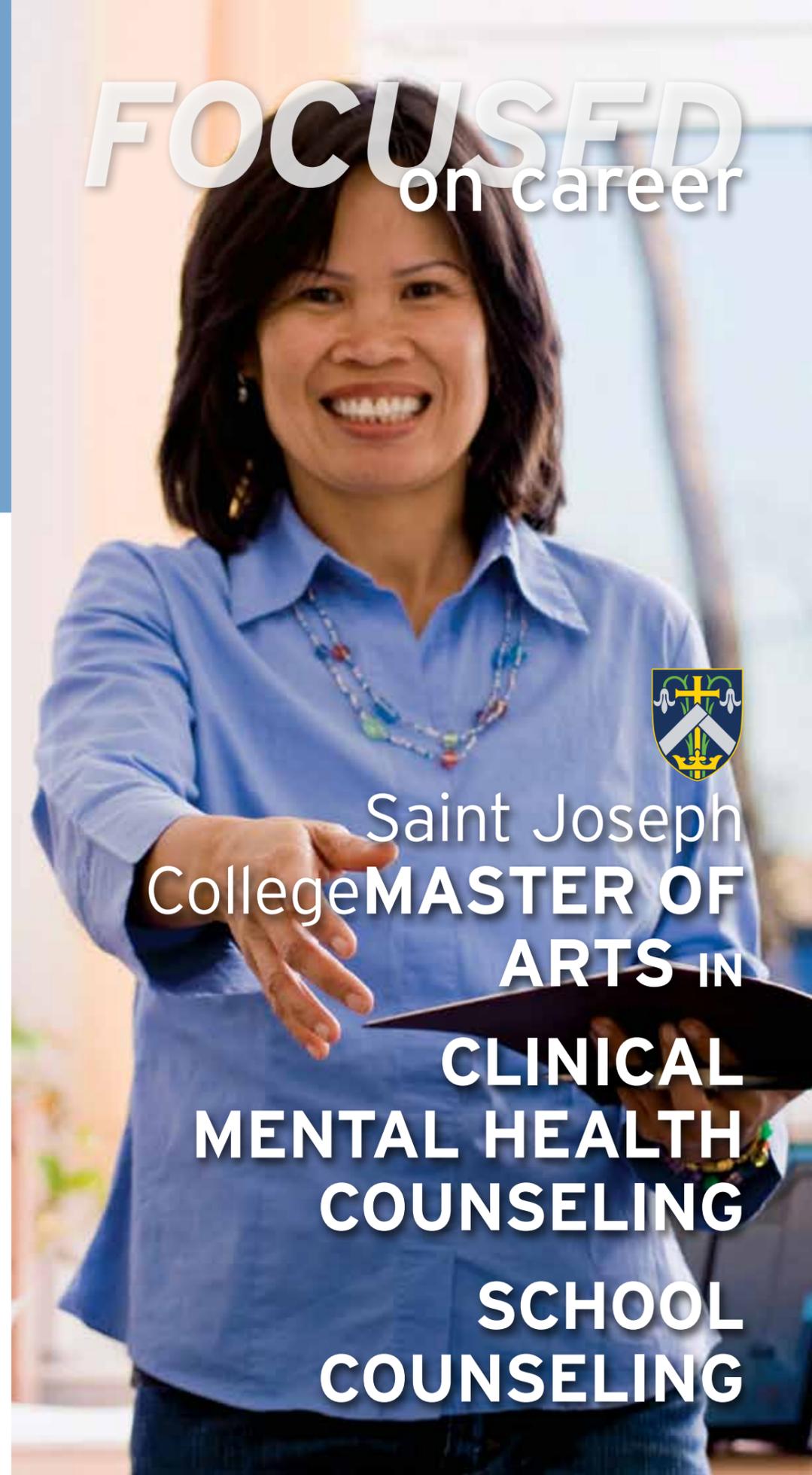
Saint Joseph College is located in West Hartford, Connecticut off I-84, exit 43/ Park Road. Turn right at the end of the ramp, then take an immediate left at the first light onto Trout Brook Drive. At the fifth light, turn right onto Asylum Avenue then take the first left onto the Saint Joseph College campus.



SAINT JOSEPH COLLEGE
CONNECTICUT

SCHOOL OF GRADUATE AND PROFESSIONAL STUDIES
1678 Asylum Avenue, West Hartford, CT 06117
www.sjc.edu

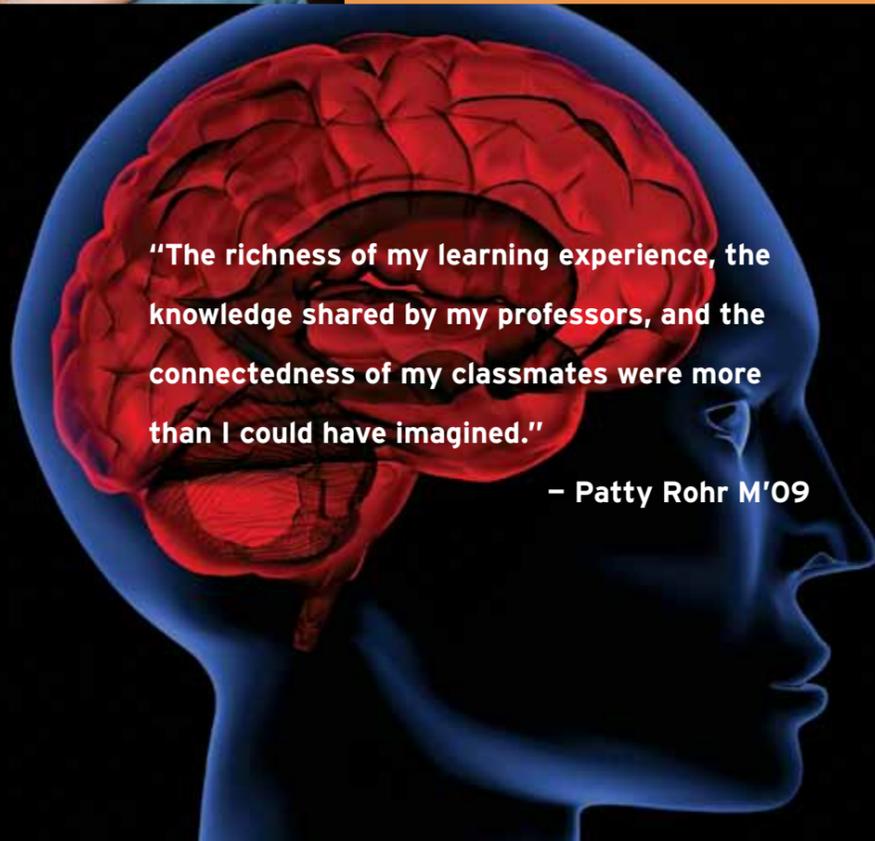
FOCUSED
on career



Saint Joseph
College **MASTER OF
ARTS IN
CLINICAL
MENTAL HEALTH
COUNSELING
SCHOOL
COUNSELING**

"The richness of my learning experience, the knowledge shared by my professors, and the connectedness of my classmates were more than I could have imagined."

- Patty Rohr M'09



COUNSELING PROGRAMS

A unique learning environment integrates mind, body, and spirit. Small classes allow faculty and students to work together closely, so that students receive individualized attention. Our programs feature four basic objectives to promote excellence in clinical practice: skill competence, case conceptualization, counseling process, and the personal growth of the counselor.

Classes meet on weeknights to accommodate your professional work schedule. Students typically complete their studies while working full or part-time jobs.

Your choice of specialties includes:

- Clinical Mental Health Counseling – leads to licensure in the state of Connecticut as a professional counselor (LPC)
- School Counseling – leads to certification as a school counselor

CAREER OPPORTUNITIES

Counseling graduates have gone on to careers in a variety of community agencies, schools, private practices, state agencies, public and private hospitals and educational systems, corporations, and spiritual communities. Many were promoted in their present careers.

MASTER OF ARTS IN CLINICAL MENTAL HEALTH COUNSELING Program Requirements (54-60 Credits)

Multicultural Counseling	3
Ethics & Standards of Practice	3
Group Process and Dynamics	3
Theoretical and Practical Sources for Career/Lifestyle Development	3
Foundations of Community Counseling	3
Skills and Techniques in Counseling	3
Theories of Counseling and Psychology	3
Mental Health Assessment, Diagnosis, and Treatment Planning	3
Appraisal and its Application in Counseling	3
Developmental Theories & Applications	3
Psychopharmacology	3
Applied Research Methods for Counselors	3
Consultation, Leadership, and Advocacy	3
Family Counseling	3
Crisis, Trauma, and Loss	3
Clinical Intervention I for CMHC licensure (Optional)	3
Clinical Intervention II for CMHC licensure (Optional)	3

Practicum and Internship: 100-hour practicum and a 600-hour internship

Practicum	3
Internship I	3
Internship II	3

Total: 60 Credits

MASTER OF ARTS IN SCHOOL COUNSELING Program Requirements (54-60 Credits)

Multicultural Counseling	3
Ethics and Standards of Practice	3
Psychology of Exceptional Children	3
Instruction and Curriculum	3
Group Process and Dynamics	3
Theoretical and Practical Sources for Career/Lifestyle Development	3
Foundations of School Counseling	3
Skills and Techniques in Counseling	3
Theories of Counseling & Psychology	3
Mental Health Assessment, Diagnosis, and Treatment Planning	3
Appraisal and Its Applications in Counseling	3
Developmental Theories and Applications	3
Principles, Organization, and Practice of Counseling Services in School Settings	3
Moral Development and Its Applications to Mental Health Settings	3
Applied Research Methods for Counselors	3

Students who do not hold Connecticut teaching certification and who will not have 30 months of classroom experience prior to their practicum field experience are required to enroll in a 10-month full-time residency.

Practicum in School Counseling	3
Internship I in School Counseling	3
Internship II in School Counseling	3

Total: 51-54 Credits

ADMISSION REQUIREMENTS

- An admission application, available at www.sjc.edu/graduate
- \$50 non-refundable application fee
- Sealed transcript of your bachelor's degree from a regionally-accredited institution and any additional graduate coursework
- Transcripts from all other colleges attended
- School Counseling only: Two copies of Praxis I scores (any student with a score of 1100 or higher on math/verbal SATs may apply for a Praxis I waiver)
- Minimum GPA of 2.67
- A Personal Entrance Essay
- An interview with the chair of the department of Counseling and Family Therapy
- Record of immunization for Measles, Mumps, Varicella, and Rubella, submitted to the Health Services Center at Saint Joseph College (for students born after 12/31/56).

NEXT STEPS

- Submit an application, available at www.sjc.edu/graduate
- Visit www.sjc.edu/graduate to access the latest information on graduate programs or to register for upcoming events
- Visit www.sjc.edu/counseling for course information and registration

CONTACT INFORMATION

Program Information:

Department of Counseling and Family Therapy

Tel: 860.231.5598; Fax: 860.231.5774
kihunter@sjc.edu; rhalstead@sjc.edu

General Information:

Office of Graduate and Professional Studies

Tel: 860.231.5261; Fax: 860.231.5479
graduate@sjc.edu



“The SJC graduate counseling program has been a rich and profound experience — not only was I thoroughly prepared for the counseling field, but my relationships with fellow students and the personal attention from my instructors made the difference. It is no wonder that the SJC graduate counseling program has a reputation of being the best in the region. I am proud to be a member of such a distinguished group.”

– John Mancini, M'10