SAINT JOSEPH COLLEGE

Saint Joseph College is a comprehensive institution with career-focused undergraduate, graduate, and certificate programs. At SJC, students explore and expand their potential through personal attention in a welcoming community that offers academically challenging programs to individuals who want to succeed and make a difference in society. The College is devoted to empowering women, while also inspiring both women and men to service in the global community. Founded by the Sisters of Mercy, the College offers an education steeped in the Catholic intellectual tradition and the Mercy social values. SJC is situated on a beautiful suburban campus, midway between New York City and Boston, while providing easy access to culture, government, and sports venues in the Capital city of Hartford.

DIRECTIONS

Saint Joseph College is located in West Hartford, Connecticut off I-84 at exit 43, Park Road. Turn right at the end of the ramp onto Park Road, then take an immediate left at the first light onto Trout Brook Drive. At the fifth light, turn right onto Asylum Avenue then take the first left onto the Saint Joseph College campus.

The Saint Joseph College Nutrition program has already provided me with great opportunities to advance my career in dietetics. It enabled me to implement dietary changes in the community to enhance the lives of those in need. I would recommend that others pursue the world of nutrition in this supportive setting.

—Lorraine Reardon, M’09, R.D., Charter Oak Health Center

Online at your convenience
The same high SJC academic standards
The same SJC professors
Same Master of Science in Nutrition from Saint Joseph College

Continue your professional education at your convenience without sacrificing quality. The online master of science degree in Nutrition at Saint Joseph College is ideal for working professionals who need a non-traditional course schedule. Through our Internet-based program, students fit courses around their work and home schedules, completing a master’s degree in Nutrition in as little as two years.

Online at your convenience
The same high SJC academic standards
The same SJC professors
Same Master of Science in Nutrition from Saint Joseph College

Saint Joseph College Online
Degree Program: Master of Science in Nutrition

School of Health and Natural Sciences
1678 Asylum Avenue, West Hartford, CT 06117
www.sjc.edu
A COMPREHENSIVE CURRICULUM
This 30-credit science-based curriculum includes the study of health promotion, nutrition through life’s stages, and the latest research on nutrition-related diseases. You will design your own curriculum in collaboration with the program director to make your coursework particularly relevant to you and your own professional goals.

CAREER OPPORTUNITIES
As the nutrition profession continues to evolve, the master’s degree is increasingly becoming the first professional credential expected in the field. The program is specifically designed to enhance and update the knowledge of nutrition for dietetics professionals who already have a background in the field.

KEY FEATURES OF OUR ONLINE COURSES
The online format will provide you with the flexibility and convenience for continued education so that you can work while earning this degree. There is no need to travel to campus. You will have class discussions with colleagues from all over the world. And you’ll learn from many of the same professors available to you in our on campus programs ... a key feature of our online courses

FAQs
Q. Will this degree allow me to take the Registration exam?
A. No, this degree will not lead to ADA verification.

Q. What can I do with a master’s in Nutrition?
A. Students typically take one or two courses per semester. For some it takes only two years to complete their M.S. degree while others take longer depending on the number of courses they decide to take per semester.

Q. How long will it take me?
A. Students typically take one or two courses per semester. For some it takes only two years to complete their M.S. degree while others take longer depending on the number of courses they decide to take per semester.

Q. May I take courses before matriculation?
A. Yes, you may take up to six credits before matriculation is required.

Q. Are all the courses online?
A. Yes, one can earn all their credits online.

Curriculum

<table>
<thead>
<tr>
<th>REQUIRED</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR597 Research Methods</td>
<td>3</td>
</tr>
<tr>
<td>NUTR595, 596 Independent Study/Research</td>
<td>3</td>
</tr>
<tr>
<td>For those who do not have a B.S. in Nutrition, the following course is also required:</td>
<td></td>
</tr>
<tr>
<td>NUTR518 Advanced Nutrition</td>
<td>3</td>
</tr>
</tbody>
</table>

ELECTIVES
Students select eight courses from electives representing health promotion, professional skills, general nutrition, life cycle and nutrition, and disease. Special topics and new curriculum are offered in response to developments in the field of nutrition. The following are a sampling of current electives:

<table>
<thead>
<tr>
<th>ELECTIVES</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR516 Health Education Concepts</td>
<td></td>
</tr>
<tr>
<td>NUTR518 Advanced Nutrition</td>
<td></td>
</tr>
<tr>
<td>NUTR525 Nutritional Therapy for Eating Disorders</td>
<td></td>
</tr>
<tr>
<td>NUTR528 Supplement Savvy</td>
<td></td>
</tr>
<tr>
<td>NUTR531-533 Maternal Infant, Pediatric, Aging and Nutrition</td>
<td></td>
</tr>
<tr>
<td>NUTR560-565 Diabetes, Obesity, Cancer, Cardiovascular Nutrition, Renal, Critical Care</td>
<td></td>
</tr>
<tr>
<td>NUTR591 Sports Nutrition</td>
<td></td>
</tr>
</tbody>
</table>

PREREQUISITE ADMISSION REQUIREMENTS
The Admissions requirement includes a minimum G.P.A. of 2.5 and a degree in Nutrition (or a closely related field) from a regionally accredited institution. The following three courses must be taken with a grades of B or better for admission consideration:

<table>
<thead>
<tr>
<th>Basic Nutrition</th>
<th>Physiology</th>
<th>Biochemistry</th>
</tr>
</thead>
</table>

ADMISSION REQUIREMENTS
- An application, available at www.sjc.edu/graduate
- $50 non-refundable application fee
- Sealed transcript of your bachelor’s degree from a regionally-accredited institution and any additional graduate coursework
- Transcripts from all colleges attended
- Two letters recommending you for graduate work at Saint Joseph College
- A signed program of study
- For students taking courses on campus: Record of immunization for Measles, Mumps, Varicella, and Rubella, submitted to the Health Services Center office at Saint Joseph College (for students born after 12/31/56). Requirement is waived for students taking only online courses and for those born on or before 12/31/56.
- No GRE or other exam required

NEXT STEPS
- Submit an application
- Visit www.sjc.edu/graduate to access the latest graduate catalog or to register for upcoming events.
- E-mail the Graduate Office with general questions about the programs graduate@sjc.edu

CONTACT INFORMATION
The Office of Graduate and Professional Studies
Saint Joseph College
1678 Asylum Avenue, West Hartford, CT 06117
860.231.5261 / Fax: 860.231.5479 / graduate@sjc.edu

“Receiving a master’s degree in Nutrition from Saint Joseph College while working was challenging but worth the effort. The degree was instrumental to my career advancement. As the master’s degree is quickly becoming the expected professional credential in nutrition, I would encourage dietitians to continue their education. I always search for well-qualified individuals when hiring new staff.”

– Susan A. Pinkham, M’99, R.D., C.D.-N.
Director, Food and Nutrition Services, Saint Francis Hospital and Medical Center